Fotos: Clara Schemmel

Vienna Medical Center – state-of-the-art medical expertise and technology

The Vienna Medical Center, founded and headed by Michael Zimpfer, attracts national and international patients, either with preventive medicine or in dealing with specific disease states. We present some of it's key partners of various medical disciplines.

The center is located within walking distance to the Vienna General Hospital, (Allgemeines Krankenhaus), and the St. Anna Children's Hospital (St. Anna Kinderspital). There are also a number of private hospitals nearby, including the Vienna private clinic (Wiener Privatklinik), private clinic Josefstadt (Confraternität – Privatklinik Josefstadt) and the Goldenes Kreuz private clinic (Krankenanstalt Goldenes Kreuz).

In addition to his own diagnostic and therapeutic expertise, by creating the Vienna Medical Center, Zimpfer has established an effective, internationally linked, holistic healthcare platform. On offer, are international video consul-

tations and where necessary, working with a team of leading medical specialists. The consultants are drawn from a wide background and offer a unique range of expertise (see their respective biographies and international medical training on the following pages). In addition to its own dedicated team of specialists, the center works closely with local and internationally renowned specialists, e.g., oncologists, radiologists, cardiologists, obstetricians / gynaecologists, paediatricians, neurologists, technical experts, physical therapists and manual therapists.

This network and numerous co-operations, such as with the Clinic Otta-



MICHAEL ZIMPFER, M.D., M.B.A, professor, (www.zimpfer.at)

Specialisation and affiliation: Critical care and painphysician, anaesthesiologist, founder and head of the Vienna Medical Center (Zentrum für Medizin und Gesundheit), professor and chairman emeritus at the department of anaesthesiology and critical care, Medical University and Allgemeines Krankenhaus, Vienna.

International medical and non-medical training: Harvard Medical & Chicago Business Schools, numerous continually ongoing medical training activities including master classes.

Area of expertise: Preventive medicine, non-invasive and minimally invasive pain therapy, individual healthcare management.

kring (former Wilhelminenspital) and the Med-Austron, give patients access to the latest developments in oncology and radio-oncology such as cyberknife, proton- and ion therapy.

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Book Launch &
Press Talk at the
Vienna Medical Center
about
Corona and the world
with the Professors
J. Huber, M. Zimpfer &
M. Rauchensteiner,
host: Jenny Posch.





Nikolaos Akranidis, MSc

Specialisation and affiliation: Manual therapy in the fields of craniosacral therapy, structual ostheopathy and visceral mobilisation. Further technices venolymphatic drainage and myofascial unwinding release technics. Master of science (natural medicine, Danube University Krems), studies of ostheopathy, Passau, Germany (I.A.O.), Master of Chiropractic, Ackermann College of strucural osteopathy and soft chiropractic, Stockholm, Sweden, visceral manipulation, Neuchatel, CH and Lübeck, Germany. Dry Needeling and triggerpoint therapy, David G. Simons Academy, Winterthur, CH, Cranio Mandibular Disfunction Therapy by Dr. Wolfgang Stelzenmüller, Frankfurt, Germany. Publication: "Cranio Sacral Secrets".



Peter Biowski, M.D.

Specialisation and affiliation: **Specialist in Physical medicine and Rehabilitation**, Evangelisches Krankenhaus, Vienna

International medical training: different clinics and rehabilitation centers e.g. Swiss Paraplegic Center, Nottwil, CH

Area of expertise: Electrotherapy to treat central and peripheral palsy (from vocal cord to footlifter), spasticity, neuropathy, pain in the musculoskeletal system; focused shockwave therapy against erectile dysfunction, chronic pelvic pain snydrom, bone marrow edema, tendopathies (e.g. Achollodynia, plantar fasciitis).



Brigitte Maria Bolech, DPhil

Specialisation and Affiliation: President of the International Institute for Therapeutic Research, Vienna. Developer of the unique communiacation instrument, called "Heart-Beamer", which enables physicians of both to visualize interaction of body, mind and soul to clients and to find the root-cause of stress.

Area of Expertise: Physiology, chronobiology, nutritional physiology, balneology, bioclimatology, integrative medicine and therapeutic research, PiA, Power-in-Abundance holistic potential analysis and leadership training, burnout prevention, consultancy for researchers.



Christian Fialka, M.D., Professor, MBA

Specialisation and affiliation: Orthopedic trauma surgeon, chairman of the AUVA Traumacenter Vienna, Professor for Traumatology at the Sigmund Freud Private Medical University Vienna, Former President of the Austrian Society for Traumatology and the Austrian Society for Orthopedics and Traumatology.

International Medical Training: Columbia University, Presbyterian Hospital, Dept. for Orthopedics, New York.

Area of expertise: Shoulder Surgery, Minimal invasive Shoulder Reconstruction and Rehabilitation.



Dieter Kosak, M.D.

Specialisation and affiliation: Senior Pathologist, Head of the Laboratory Dr. Kosak, Dr. Reckendorfer and Partners, Specialists in Pathology LLC. - GmbH, Vienna, former regular guest lecturer in clinical pathology, Faculty of Medicine, Medical University of Vienna, Vienna.

Medical & international medical training: Hospital Rudolfstiftung, Vienna, Evangelisches Klinikum Bethel, University Clinic, University of Bielefeld-Bethel, Bielefeld, Germany.

Area of expertise: Oncopathology of preoperative diagnostics, oncopathology of the breast, thyroid, gastrointestinal tract, gynecology and urology.



Elisabeth Doris Malle, MBA

Spezialisation and Affiliation: **Research-consultant** co-operating with the International Institute for Therapeutic Research, founder of Beam Intelligence GmbH, Vienna.

Area of Expertise: Management consultant, medical software developer, medical device dealer, coach for inhouse developed holistic potential analysis "PIA", expert for HRV-biofeedback training and consulting, personal communications- and behavioural training for leaders, HRV-trainer for doctors, therapists and consultants, experienced burn-out prevention trainer.

GESUNDHEIT 110



Peter Mateyka, M.D., Professor

Specialisation and affiliation: **Specialist on tissue bank**, autologous and allogenic product-therapies, plasma-derived products and cartilage regeneration.

International training: Medical Director at Altana Austria, Senior Management Training at IMD Lausanne, Member of the Board at Baxter AG, Founder and CEO at Haemo Pharma GmbH.

Area of Expertise: Cartilage regeneration and transplantation, autologous cell and stemcell therapies.



Dieter Mitteregger, M.D.

Specialisation and affiliation: Hygiene and Medical Microbiology, Head of the Department of Clinical Microbiology, Laboratory Dr. Kosak, Dr. Reckendorfer and Partners, Specialists in Pathology LLC. - GmbH, Vienna, former Assistant Professor at the Division of Clinical Microbiology, Department of Laboratory Medicine, Medical University of Vienna.

International medical training: Clinical Parasitology, AMC Amsterdam, The Netherlands, Anaerobic Bacteriology, University Medical Center Groningen, The Netherlands.

Area of expertise: Classic and molecular diagnostic microbiology, antimicrobial resistance, antimicrobial therapy, trichomoniasis, immunology and chronic inflammatory conditions.



Gerald Sighardt, M.D.

Specialization and affiliation: **General and visceral surgeon**, established surgeon, former vice chairman Division of General and Visceral Surgery at the Hietzing Clinic Vienna.

International medical training: Memorial Sloan Kettering cancer center, Cornell University, New York, NY, Hôpital Beaujon, Clichy (Paris), France

Area of expertise: Endoscopy, thyroid surgery, laparoscopic abdominal surgery. Since the end of the 90's I started with thread lifting, hyaluronic acid and botox in medicine, Moscow skin technology center Moscow, Russia, Nana plastic surgery hospital, Seoul, Korea



Karin Stani

Specialisation and affiliation: **Physical therapist**, Sport science, University of Graz, Trainer of "non-violent communication" by Marshall B. Rosenberg (Germany). Therapeutical expirience in different medical areas, Unfall-krankenhaus Linz, Lorenz-Böhler-Krankenhaus Wien. Since 1999 selfemployed, Kritzendorf / Klosterneuburg and Vienna.

International & national therapeutic training: Medical Center Bad Ragaz, Switzerland, La Croix Rouge, Paris, France

Area of expertice: Treatment of musculoskeletal and visceral disorders. Focus on orthopedic spine-rehabilitation, post traumatic rehabilitation, Public health promotion courses.



Daniel Stöckl

Specialisation and affiliation: Founder, CEO and head of Ziehm Imaging Austria GmbH, Vienna.

International training: 15 years in management and marketing in the fields of radiology, surgery, cardiology etc. within the medical profession.

Area of expertise: Helping customers and partners to run their business more efficiently by being more precise in mobile c-arms.

The Medical Board – part 3 see also the last issues



Jörg Thalwitzer, M.D.

Specialisation and affiliation: Interventional radiologist, Head of Institute for Radiology and Neuroradiology, Klinikum Chemnitz, Germany

International and national medical training: Martin-Luther-University Halle, Germany; Supporting Interventional radiologist at E.N. Mechalkin Novosibirsk State Research Institute, Novosibirsk, Russia.

Area of expertise: Minimally-invasive diagnosis and treatment of oncological and vascular diseases throughout the body and brain, radiological interventional treatment of aneurysms and AVMs, stroke revasculariza)on, SIRT, HD-brachy therapy, MWA of solid tumours in lung and abdomen, interven)onal emergency care.

GESUNDHEIT 111